

**BASIC NURSING SKILLS EXAM
STUDENT EVALUATION FORM**

DATE:

**FUNDAMENTALS OF
NURSING**

NUR102

**NEAR EAST
UNIVERSITY**

**PLACING THE PATIENT IN
THE SUPINE POSITION**

PAGE NO:

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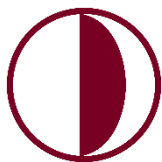
SUPINE POSITION PLACEMENT STUDENT EVALUATION FORM

Steps for Implementation	Point Value	Score Obtained
1. Preparing the environment: Ensuring that necessary supplies are ready and clean, maintaining appropriate temperature and comfort	1	
2. Verifying the patient's identity and obtaining consent	2	
3. Locking the bed wheels and adjusting the bed rails to the appropriate position	2	
4. Ensuring privacy (closing the curtain, using appropriate drapes)	2	
5. Hand washing / hand hygiene	1	
6. Putting on gloves..	1	
7. Establishing communication with the patient and asking for their cooperation during the procedure.	1	
8. Positioning the individual on the bed in a supine position.	2	
9. Placing small pillows or folded sheets under the lower back..	1	
10. Placing pillows under the shoulders, neck, and back of the head,	1	
11. Supporting the hips and legs with a pillow or towel.	1	
12. Placing a small towel or pillow under the ankle.	1	
13. Gently flex the feet toward the legs to achieve a dorsal flexion position and use a footboard.	1	
14. Place a pillow under the forearm.	1	
15. To keep the hands in a functional position, place a rolled-up small towel in the palm.	1	
16. Document the procedure.	1	

TOTAL SCORE:

Instructor's Full Name and Signature

**Student's First and Last Name, Student ID Number,
and Signature**



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➤ ➤ **RELATED QUESTIONS**

● **Question Bank 1**

1. What is the supine position?
2. For what purpose is the supine position used?
3. What is the first step to take before placing a patient in the supine position?
4. Why is privacy important when positioning a patient?
5. What is placed under the patient's lower back when placing them in the supine position?
6. Why is a small towel or pillow placed under the patient's ankle?
7. What is placed under the patient's shoulders and head in the supine position?
8. What is the purpose of locking the bed wheels?
9. What is the purpose of placing a rolled-up towel in the patient's palm?
10. What should be done after placing the patient in the supine position?

● **Question Bank 2**

1. What complications can arise from maintaining the supine position for an extended period, and what supports should be used to prevent them?
2. Why is maintaining spinal alignment in the supine position important, and how is it achieved?
3. What problems can arise if the feet are not positioned in dorsiflexion?
4. Which areas are at the highest risk for pressure ulcers in the supine position, and how should these areas be supported?
5. What are the potential effects of the supine position on patients with respiratory problems?
6. If the patient has low muscle tone during placement in the supine position, what additional supports should be used?
7. What are the specific considerations when placing neurological patients in the supine position?
8. What are the effects of improperly positioned extremities on circulation during placement in the supine position?
9. In which situations is the supine position preferred or not preferred in post-orthopedic surgery care?
10. What complications can result from the improper placement of pillows and support materials used when positioning a patient in the supine position?

Note: The instructor should select one question each from Question Pool 1 and Question Pool 2 and ask them to the student orally. The questions asked should not be asked to another student on the same day.

