

**BASIC NURSING SKILLS EXAM
STUDENT EVALUATION FORM**

DATE:

**FUNDAMENTALS OF
NURSING**

NUR102

**NEAR EAST
UNIVERSITY**

LATERAL POSITIONING

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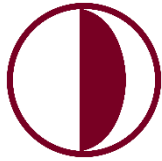
LATERAL POSITIONING STUDENT EVALUATION FORM

Procedure Steps	Score Value	Score Obtained
1. Preparing the environment: Ensuring that all necessary supplies are ready and clean, and that the room is at a comfortable temperature	1	
2. Verifying the patient's identity and obtaining consent	1	
3. Locking the bed wheels and adjusting the bed rails to the appropriate position	1	
4. Ensuring privacy (closing the curtain, using appropriate drapes)	1	
5. Hand washing / hand hygiene	1	
6. Putting on gloves.	0.5	
7. Establishing communication with the patient and asking for their cooperation during the procedure.	1	
8. Positioning the patient on the bed in a supine position with the back flat.	0.5	
9. Bending the patient's arms at the elbows and crossing them over the chest so that the right arm is on top.	1.5	
10. Placing the right foot over the left foot,	2	
11. Positioning oneself on the patient's right side in accordance with body mechanics (the student's face facing the patient, legs apart, one foot forward, and knees bent)	2	
12. Passing one arm under the patient's shoulders to grasp the distal shoulder head	1.5	
13. Pass the other arm under the patient's hips to grasp the iliac crest on the opposite side	1.5	
14. Use the knee to push against the bed to pull the patient toward you and roll the patient onto their left side	1.5	
15. Place a pillow under the patient's head and neck	0.5	
16. Position the arms in a slight forward flexion at the elbows	0.5	
17. Place a pillow under the patient's lower back	0.5	
18. Support the area between the knee and feet by placing pillows underneath	0.5	
19. Gently flex the feet toward the leg to place them in a dorsiflexion position and place support under the sole of the foot.	0.5	
20. Document the procedure.	0.5	

TOTAL SCORE:

Instructor's Name, Surname and Signature

Student's Name, Surname Student ID and Signature



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NUR102

YAKIN DOĞU
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LATERAL POZİSYON VERME

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LATERAL POSITIONING STUDENT EVALUATION FORM

➤ **RELATED QUESTIONS**

• **Question Pool 1**

1. What is the lateral position?
2. What is another name for the lateral position?
3. What is placed under the knees in this position?
4. Why is privacy important?
5. Why are the bed wheels locked?
6. In what situations is the lateral position used?
7. Why is a pillow placed under the head?
8. What is done after positioning?
9. How is the risk of pressure ulcers reduced?
10. What is the purpose of talking to the patient?

• **Question Pool 2**

1. What is the role of the lateral position in pressure relief?
2. Why is a 30° lateral position preferred?
3. How can the risk of falling be prevented?
4. What can happen if the lateral position is maintained for a long time?
5. How can joint contractures be prevented?
6. Why is spinal alignment important?
7. What is the effect of the position on lung ventilation?
8. What does an incorrect knee position lead to?
9. What does improper arm placement in the lateral position cause?

Note: The instructor should select one question each from Question Pool 1 and Question Pool 2 and ask them to the student orally. The questions asked should not be asked to another student on the same day.